




# MindEd

*e-learning to support young healthy minds*

A young boy with light brown hair is climbing a tree. He is wearing a purple long-sleeved shirt and is smiling broadly, showing his teeth. The background is filled with green and yellow leaves, suggesting an autumn setting. The boy is holding onto a tree branch with his right hand.

**Free online education to  
help adults identify and  
understand children  
and young people with  
mental health issues**

**Available now: [www.minded.org.uk](http://www.minded.org.uk)**



# MindEd

e-learning to support young healthy minds

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*‘Many adults in regular contact with children and young people have little or no idea how to recognise or respond to emotional or behavioural problems.’*



Working with children and young people can be complicated. When problems arise, you need to have information that you can trust at hand to give you the confidence to swiftly make the right decision for those in your care.

But there is so much information available these days; it's hard to know where to begin or where to turn for a definitive answer. Understandably this can create uncertainty which can delay or prevent action. The evidence shows, however,

that when mental health problems are identified early, outcomes are improved. This is where MindEd can help.

MindEd provides free practical e-learning sessions when and wherever they're needed, quickly building knowledge and confidence to identify an issue, act swiftly and improve outcomes for children and young people.

Start using MindEd now, it's free and easy to use. Visit <http://www.minded.org.uk>



*‘With three-quarters of adult mental disorders in evidence by the age of 21, effective early interventions are essential in preventing the development of ill health and disability.’*

MindEd is funded by the Department of Health and developed and written by experts in child and mental health.

**bacp**

British Association for  
Counselling & Psychotherapy

**RC  
PSYCH**  
ROYAL COLLEGE OF  
PSYCHIATRISTS

**RC  
GP**

Royal College of  
General Practitioners



Royal College  
of Nursing



**YOUNGMINDS**  
The voice for young people's mental health and wellbeing



The British  
Psychological Society  
Promoting excellence in psychology

**RCPCH**

Royal College of  
Paediatrics and Child Health  
Leading the way in Children's Health