

Curriculum Pathway KS4 Health and Social care

The Cambridge National in Health and Social Care introduces students to the specialist knowledge and skills needed to work in various care settings. Underpinning the qualification is a focus on core values and communicating with individuals so as to maintain their dignity and sense of being valued

Year 10

Unit	Content	Progression
<p>Unit R022: Communicating and working with individuals in health, social care and early years settings. Coursework.</p>	<p>This mandatory unit provides learners with the underpinning knowledge and understanding of how to communicate effectively and what personal qualities will contribute to the creation of a caring environment when working with individuals in a health, social care and early years setting.</p> <p>The case study for this is about a child who is overweight and advice needs to be given about healthy eating.</p>	<p>Students have not studied HSC at KS3. This R022 unit is therefore taught first as it is a good introduction to the Health and Social care and early years sector. Reference is made to service providers = health settings, social care settings, early years settings; and service users = patients etc.</p> <p>This knowledge is needed as a foundation for all other units so students can relate to their preferred area of HSC. Their coursework is thus tailored to their preferred career pathways</p>
<p>Unit R029: Understanding the nutrients needed for good health. Coursework</p>	<p>This unit gives learners an overview of the importance of diet throughout the life stages, giving them the knowledge and skills to enable them to make choices which will affect their body throughout their lives. Food is essential to our health and social well-being, throughout our daily lives from birth to old age. What we eat is often determined by a considerable number of factors, such as work-life balance, finance, where we live, food preparation skills, our health and religion.</p>	<p>Students have already researched healthy eating for the case study in R022. This knowledge is developed further in this unit.</p>

Year 11

<p><u>Unit R021: Essential values of care for use with individuals in care settings. Exam unit.</u></p>	<p>This mandatory unit focuses on the rights of individuals and will instil the values of care to be used when working in a health, social care or early years environment. All good practice is based on these values and enables those who use and work in care settings to apply quality practice. The unit also provides an overview of legislation and its impact on the care settings and covers the hygiene, safety and security matters that relate to promoting a healthy and safe environment.</p>	<p>Students study this unit at the start of year 11 so they can take the mock exam in December.</p> <p>Advice from OCR is that this unit is not to be taught in year 10 as the content is quite challenging and students need the overall general knowledge they gain throughout year 10 about HSC and Early years settings</p> <p>Topics covered in RO29. Personal hygiene and safety measures</p> <p>Topics covered briefly in RO22 and developed further in this unit are: Advocacy, effective communication, PIES</p>
<p><u>Unit R028: Understanding the development and protection of young children in an early years setting</u></p>	<p>This unit aims to provide learners with a key understanding of the physical, intellectual, language, emotional and social development of 0–5 year olds in an early years setting. It will enable learners to understand the importance of promoting a safe environment when working with children in which they are looked after and understand the areas of risk that can endanger children’s lives in an early years setting.</p>	<p>Deeper knowledge and understanding developed from previous units:</p> <p>RO22 – Children’s communication and expression, PIES</p> <p>RO29 – Food (Nutrients) if students used a child/adolescent for the practical cooking assessment.</p> <p>RO21 – Protecting children through safety features, Risk assessment (Health and Safety at Work Act)</p>