	Year 12			Year 13		
Term	Autumn	Spring	Summer	Autumn	Spring	Summer
PAPER 1	Skeletal System Muscular system Analysis of movement* Cardiovascular system* Respiratory system	Energy Systems* Recovery* Exercise at altitude* Exercise in heat* Diet and nutrition Ergogenic aids	Injury Prevention Injuries Injury Treatment Injury rehabilitation	Periodisation Training methods* Lifestyle diseases	Newton's Laws* Forces* Free body Diagrams Technology* Stability Levers & efficiency* Linear Motion* Angular Motion* Axis rotation* Fluid mechanics* Projectile Motion*	Synoptic links Exam preparation Revision
PAPER 2	Skill Classification Practice Types Learning Theories Stage of learning, Guidance & Feedback	Personality Attitudes Motivation Anxiety Aggression Audience effects	Groups & Teams Team Performance Goal Setting Connecting Goal setting to aggression, motivation	Memory models Attribution Confidence	Stress and Anxiety Effects on performance Stress management techniques. Goal setting revisited. Leadership theories Leadership types	Synoptic links within paper 2 topics (Y12 and Y13 work) Revision & exam preparation
PAPER 3	Emergence and evolution of modern sport pre -industrial Britain 19th Century Public schools	Emergence and evolution of modern sport - Contemporary factors shaping sport in the 21st Century	Modern Technology in sport Elite performance, General participation Fair Outcomes Entertainment	Commercialisation and sport Factors leading to commercialisation of contemporary sport	Developing Synoptic links within paper 3 topics (Y12 and Y13 work)	Synoptic links within paper 3 topics (Y12 and Y13 work) Revision & exam preparation

	20th Century Social Class Gender Law and Order Availability of time Availability of money Type and availability of transport	 Social Class Gender Law and Order Availability of time Availability of money Type and availability of transport Global Sporting Events – Olympic Games, Hosting global events	 Routes to sporting excellence in the UK Developmental routes Roles of UK Sport and NIS Strategies address drop out	Positive and Negative impacts The relationship between sport media Ethics and deviance in sport Drugs and doping in sport Violence in sport Gambling in sport	Revision & exam preparation	
AOs Skills	A01- Describe/ explain A02- sporting examples Quantitative *	A01- Describe/ explain A02- sporting examples A03- critically evaluate Quantitative * Synoptic links	A01- Describe/ explain A02- sporting examples A03- critically evaluate Synoptic links	A01- Describe/ explain A02- sporting examples A03- critically evaluate Quantitative * Synoptic links	A01- Describe/ explain A02- sporting examples A03- critically evaluate Quantitative * Synoptic links	A01- Describe/ explain A02- sporting examples A03- critically evaluate Quantitative * Synoptic links
Assessments	October December (mock)	March	May (Yr 12 exam) July	October December (mock)	March	External exam
Learning skills	Numeracy- equations and graphs Flashcards Mind mapping	Essay writing Mind mapping Exam technique	Essay writing Mind mapping Exam technique	Essay writing Mind mapping Exam technique	Essay writing Numeracy- equations and graphs Mind mapping	Exam technique

	Exam technique				Exam technique	
Personal Development	• Leading healthy lifestyles • Learning where different sports originate from and what the national sports of different countries are • Recognise and respect social differences and similarities	• Leading healthy lifestyles • Learning where different sports originate from and what the national sports of different countries are • Recognise and respect social differences and similarities • Olympic and Paralympic values.	• Gaining an understanding of different sports and their foundations • Sportsmanship and fair play. • Olympic and Paralympic values.	• Leading healthy lifestyles • Self esteem and confidence. • Reflect on **diversity** in sport. • Sportsmanship and fair play. • Role models • Moral dilemmas –e.g. the use of performance enhancing drugs and match fixing.	• Role models	
NEA COURSEWORK (EAPI)	Structure Modelling 12 week action plan	Theory links (content covered so far) Self/ Peer assessment	Theory links (including new content) 12 week action plan	Theory links (new content) 12 week action plan Self/ Peer assessment	Theory links (new content) Preparation for final EAPI	
Assessment		First attempt- audio recording	End of year 12 recording	Mock recording	Final recording. Moderation	
NEA- practical	Winter sports footage capture	Winter sports footage capture	Summer sports footage capture	Footage capture (if applicable)	Final footage collated.	

			Year 12 footage collated		Moderation.	