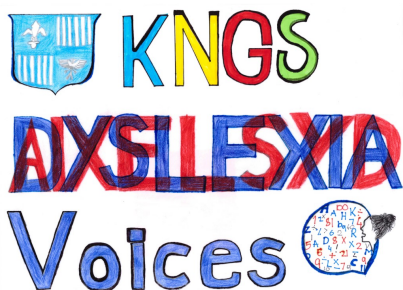




KINGS NORTON  
GIRLS' SCHOOL & SIXTH FORM

# Pupil Support Booklet

## Working With Dyslexia



**What can I do to  
support my learning in  
school and at home?**

Opening a World of Opportunities

# YOUR ONE PAGE PROFILE

You will have a One Page Profile which will be written with the help of you and your parents or carers.

This tells staff how best to support you. It also tells them a little bit about you and lets them know what your aims are for the future.

It can be a good idea to keep a copy in your planner in case you have a new teacher or a cover teacher.

This profile will be reviewed every year. If there is ever anything you want to change or add to your One Page Profile, speak to a member of the SEN Team.

**MY ONE PAGE PROFILE**

**'Name'**

**SEND Area of Need:**

**Exam Access:**

Reading standardised score:      Reading age:  
Spelling standardised score:      Spelling age:

**Non-negotiables: High Quality teaching adaptations**

- 1. Accessible reading materials-** reading age appropriate text, use of visuals, modelling reading, guided reading to check comprehension, highlighting key vocabulary, readable font, desk copies of board work/resources.
- 2. Chunking-** step by step instructions, task boards, work checklists
- 3. Scaffolding** – sentence starters, Cloze procedure, writing frames

**Preparation for Adulthood Targets**

**Reasonable adjustments/SEND provision**

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**Things you should know about me:**

# IN CLASS

- Get to know the strategies that work best for you from your One Page Profile. Remember to use them to help you work to your ability in class.



- It is common in school for students working with dyslexia to use assistive technology, tinted glasses or coloured overlays so don't feel shy about using these. Make sure you have them with you especially for assessment lessons.

- Focus carefully on what the teacher is saying during teacher explanations - try to visualise (see) what the teacher is talking about in your head.

- Tick off tasks on worksheets as you do them so you can see what you need to do next and check you have included everything.



- Use colour and highlighters to highlight key words and ideas. On lengthy texts, use colour to group similar ideas and points.

- Use mind-maps, diagrams, bullet points and pictures when taking notes. Don't copy out questions unless told to – you only get marks for your answers.

- Use 'Magic Spell' techniques to help you to learn tricky spellings (see the SEN Team for a booklet if you have not done the Magic Spell course).



- Make use of Dictaphones, electronic Spell Checkers and Dyslexia Dictionaries if they help you - see the SEN Team for more advice on this



- If you are unsure what to do next, look at what others around you are doing and re-read any instructions. If you are still unsure, ask for help. Don't worry about checking what to do more than once - teachers prefer you to understand.



- Try using a folder with sections, or a different coloured folder for each subject, so you can stay organised with homework sheets.

- Participate as much as possible. Some aspects of some lessons may be challenging for

you but you will be able to do many things better than others.

- Teachers will often hand out whiteboards - use these to plan out answers and organise your ideas before you have to write them out or give an answer in discussion



# AFTER CLASS

- If you get stuck with work, don't worry or ignore it. We really encourage students to practise their 'self advocacy skills'. This means knowing when you need help and being able to tell someone about what you need. Try to talk to your teacher (or see a member of the SEN Team and ask them to speak to the teacher with you) so you can get the help you need.



- You can also email your teachers if you are stuck with work or to tell them which strategies on your One Page Profile work well for you.
- You could ask your teacher if they can give you any complicated texts you will have to read before lessons, so you can have a go at understanding it and look up words before the lesson.
- Ask teachers if they can give you advance warning if you need to read aloud in class, or ideally let you choose if you want to join in with reading aloud.
- You can go to subject clinics, Inclusion Supported Homework Club and the Learning Hub to get help with homework, coursework and revision.

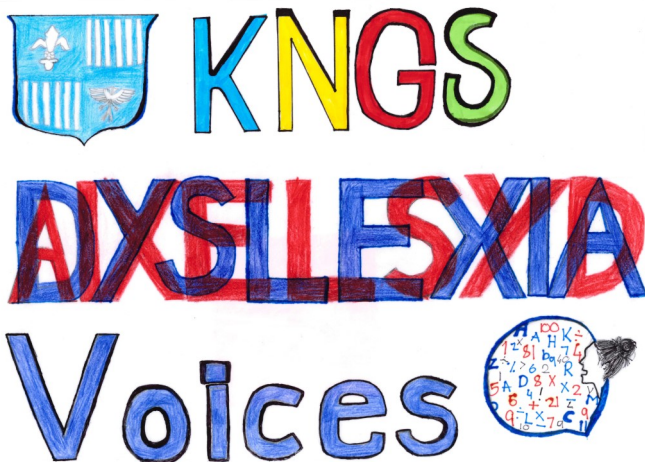


# PUPIL VOICE GROUP

We have a well established Dyslexia Pupil Voice Group that meets at least once each half term. You will be invited to join this group. It is a good opportunity to meet other students working with dyslexia, share advice and to find out more about the positives of being dyslexic. We usually have a focus each time such as self advocacy, self care and relaxation or study skills. Sometimes we just meet for a chat or to hear your 'pupil voice' on particular KNGS issues. Either way you will always find friendly faces and biscuits!

The Pupil Voice Group takes an active role in school life and helps raise awareness about dyslexia and working with invisible difficulties. They also arrange events that others in the school can take part in and have fun.

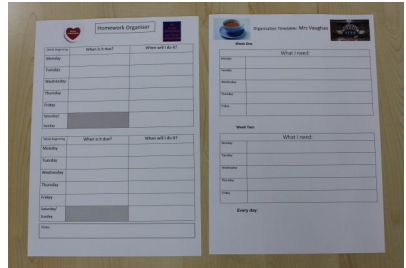
Each year there will be an opportunity to become a Pupil Voice Ambassador. This is a role you will need to apply for and is a chance to take on leadership responsibilities and play a bigger role in organising events and representing our department.





# AT HOME

- Check the SIMS app daily to remind yourself what homework you have and when it needs to be done. Your parents/ carers will be able to see this too. You can use your planner or a 'homework organiser' to plan out when you will do each piece. We have templates for this you can collect from the SEN Team.



- If you have spent the recommended amount of time on your homework and have tried hard but haven't finished, you can ask a parent or carer to 'sign off' the homework.
- Consider making an 'organisation diary' that lists what you need to bring to school for each day of the two week timetable - equipment, homework, letters, PE kit. We have templates for this you can collect from the SEN Team.



- Stick any loose class sheets into your books. Label them with a key word on the outside to help you find information when you revise.

- Check regularly that your 'online area' in student share is tidy so you can recognise and find files easily.



- Re-read notes from the last lesson the night before lessons so you remember what you were doing and don't feel 'lost' at the start of class.
- If possible, do homework in a quiet place where you won't be disturbed.
- There are many free apps that can be downloaded to support learning with dyslexia - have a look at what is available and download what works for you.



- Read regularly for short blocks of time even if you find it hard, it will become easier with practise, even if you have to practise more than others. Read anything you enjoy - books, magazines, cartoons, recipes, TV pages. Graphic

novels and audiobooks can be a good introduction to English set texts.

- After school each day, tidy your bag out and get the things you need ready for the next day .
- Keep things in perspective - it is frustrating to struggle with spelling and organisation, but in most assessments, spelling is not the main thing being tested. What you know, understand and can use is more important.





- Remember people with dyslexia often think in different and exciting ways, which means it is easier for them to see the ‘big picture’ of what needs to be done and how it can be done. We have several members of staff who are also working with dyslexia at KNGS! They definitely understand it can be a struggle but think their dyslexia has actually also helped them in all kinds of ways.
- Look after yourself: exercise and get fresh air; go to bed in time to have 8 hours sleep; have breakfast before you come to school and bring a snack for break – it’s hard to concentrate when you’re hungry!

## Study Tips from KNGS Dyslexia Pupil Voice Group :



### Staying Organised

- Make a list
- Talk to someone or find a helper
- Think it through
- Do things early
- Use SIMS app
- Write things you need to remember on Post-it notes
- Use random objects as a memory prompt
- Have a routine
- Use songs/music (e.g. do certain jobs like packing school bag to music)
- Have regular places for things and an organised working space
- Use alarms/timers
- Try a timetabling app to organise you time and tasks

## Exams and Assessments

- Make a 'Revision Box' for your notes, flashcards, highlighters and so on
- Work in a place without distractions
- Use timers and alarms to help you plan when and how long you will work
- Take breaks
- Get enough sleep!
- Go for walks and fresh air
- Use revision websites or apps that your teachers suggest. Just now we like Quizlet, Seneca, GCSE Pod and Knowunity
- Ask around if you get stuck because often people are happy to help you, and it benefits their learning because they're having to explain it to you
- Don't look at your work as one big chunk - concentrate on one step at a time
- Don't compare yourself to anyone else
- Teachers are there to help with your learning so go and see them if you are stuck or worried because they can help



# IF YOU NEED HELP

There are many places you can get help in school, but some key people include :

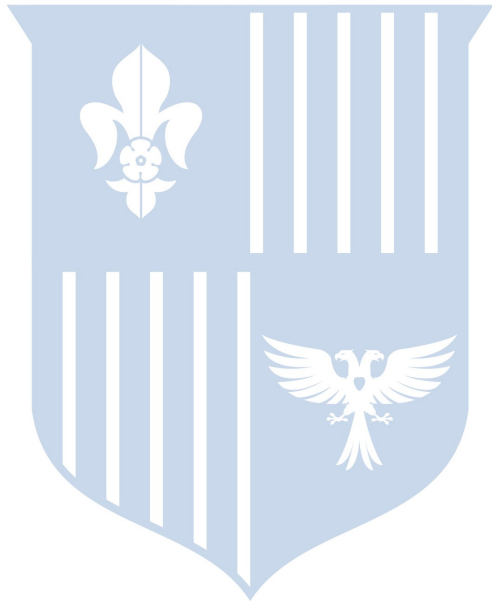
- Your Form Tutor and Head of Year
- Your subject teachers
- The SEN Team



If you would like to know more about dyslexia, ask to borrow some of our fabulous books chosen by the Pupil Voice Group.

You can also find much more information and advice about all aspects of dyslexia at:

<https://www.bdadyslexia.org.uk/>



**Opening a World of Opportunities**  
*Demonstrating RESPECT and COURAGE in order to FLOURISH*